

10 Day Green Smoothie Cleanse Recipes

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The 10-DAY Green SMOOTHIE CLEANSE Book Review | HuffPost I found this book to be very informative and motivational. Packed with informative information on how to cleanse and detoxify your body, which can prevent. 10-Day Green Smoothie Cleanse: JJ Smith: 9781501100109 ... 10-Day Green Smoothie Cleanse [JJ Smith] on Amazon.com. \*FREE\* shipping on qualifying offers. The New York Times bestselling 10-Day Green Smoothie Cleanse. 10-Day Green Smoothie Cleanse by JJ Smith (2014): Food list A 10-day detox/cleanse made up of green leafy veggies, fruit, and water. Full (green smoothies for all meals) or modified (one solid meal).

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